



## Yellow Canaries / Teal Toucans Daily Schedule

*Our baby room has an environment that is physically safe, cognitively challenging, and emotionally nurturing, including time for uninterrupted play. Each baby is an active participant in their care giving. Each teacher follows the cues of each individual baby to meet their needs.*

### **Early Morning 6:15am – 9:30am**

Each child is welcomed into the classroom and the daily parent sheet is reviewed. The daily parent sheet includes the time the child woke up, last diapering, last feeding, any medications required, and the infant's daily feeding schedule. Based on the information on the daily sheet, the teacher will know how to schedule the infant's day (i.e. feedings, diapering, naps, etc.). Since children arrive at varied times throughout the early morning, each child will receive individual care including diapering, feeding, and individual play. Free play and exploration is given much of the day. This is where the baby can explore his or her environment while the teacher interacts with books, toys, blocks and more.

### **Mid-Morning Curriculum 9:30am – 11:30am**

The teacher uses the curriculum and planned themed activities to support fine motor, gross motor, language development, and other developmental milestones. These activities include holding, cuddling, reading, rocking, exploring new toys, sign language, story time, music, nature activities and more. Children will also have the opportunity to go outside and enjoy the fresh air via a morning walk or exploratory play in the grassy play yard (weather/temperature/grass conditions permitting).

### **Afternoon 11:30am – 2:30pm**

Based on the individual needs and schedule of the child, the afternoon schedule includes feedings, diapering, washing, and nap time. Free play is always available when children are awake and not engaged in a personal care routine (i.e. feeding, diapering, napping, etc.).

### **Mid – Afternoon 2:30pm – 4:30pm**

The teacher will use the curriculum and planned themed activities with children who did not have the opportunity to engage in these activities in the morning. Other free play experiences are available to support fine motor, gross motor, language development, and other developmental milestones which include holding, cuddling, reading, rocking, exploring new toys, sign language, story time, music, nature activities and more.

### **Early Evening 4:30pm – 6:00pm**

This is the end of the child's day. Since the children will go home at different time throughout the early evening, each child will receive individual care including diapering, feeding and individual play. Free play and exploration is given again during this portion of the day and includes holding, cuddling, reading, rocking, exploring new toys, sign language, story time, music, nature activities and more. Each child will be sent home with a daily care log which includes times of feedings, diapering, naps, medications given and other pertinent information about the child's day. The daily log will also contain important notes home regarding any personal care needs, or supplies the child may need.

#### **Note:**

- ☐☐All ideas are adjusted for developmentally appropriateness depending on age and development.
- ☐☐Routines are consistent but time frames are flexible.
- ☐☐Diapers are checked every two hours and changed as needed.
- ☐☐Bottles and sippy cups are offered on demand.
- ☐☐Hand washing is performed after diapering, before and after eating, and prior to napping.

\*Weather Disclaimer: In the event of weather conditions (including heat) not permitting outside time, indoor physical activity or free choice will be substituted for this portion of the schedule.

Special Event: Thursdays @ approximately 9:45 am we will have music class with Mr. Joe.